

## September & October 2023

### Important Dates & Info.

National Immunization Awareness Month – September 2023

National Recovery Month – September 2023

Sexual Health Awareness Month – September 2023

Pain Awareness Month – September 2023

Breast Cancer Awareness Month – October 2023

Eye Injury Prevention Month – October 2023

National Bullying Prevention Month – October 2023

Health Literacy Month – October 2023

### Fall is right around the corner!

#### Vacation Trivia Challenge:

Be the first to answer and win \$10 dollars.

**What American president is the only one that was born in September?**

Please do not use the internet!  
First to come, is first served with the right answer!  
There can only be one winner!

# Trumbull County Combined Health District Newsletter

Vol. 2, Issue 9/10., (September/October 2023).

## A new Vaccine for Covid-19 is right around the corner.

On Monday 9-11-2023, the FDA (Food and Drug Administration) approved updated Covid vaccines from both Pfizer and Moderna. These vaccines are meant to combat the omicron variant XBB 1.5. Those age 12 and older are approved and will be able get the vaccine, while children ages 6 to 11 are only authorized under emergency use.

These vaccines have been approved by the CDC (Centers for Disease Control, and will be accessible at various vaccine sites, however, distribution to these vaccine sites will require time considering this is the first vaccine rollout since the end of the US Covid-19 public health emergency which occurred in May of 2023. These vaccines should be available to the general public by the middle of September. For your status on getting a shot call the nursing division at 330-675-2489, or a local pharmacy.

The TCCHD continues to monitor this vaccine rollout, while also working with state and federal officials to insure the vaccine will be available for Trumbull County Residents.

#### Covid-19 Data:

#### As of 9-13-2023:

- Trumbull County has 97 cases per 100,000, with a case count of 192.

### A message from the TCCHD Nursing Director and Immunization Coordinator regarding RSV.

RSV (Respiratory Syncytial virus) can cause acute lower respiratory infections such as pneumonia and bronchitis. It spreads by direct contact, either by droplets or touching surfaces that have been contaminated by RSV. Infants 24 months and younger and adults 60 years and older are most affected by the virus. Currently there is not a vaccine for infants but a monoclonal antibody has recently been approved by the FDA, which can be administered via IM. There is an adult RSV vaccine for adults 60 years and older. RSV season closely follows the Flu season. Talk to your doctor if RSV vaccine is recommended for you.

# Contact Us

## Address:

176 Chestnut Ave. NE  
Warren, OH. 44483

## Phone:

330-675-2489

## Fax:

330-675-2494

## Email:

[health@co.trumbull.oh.us](mailto:health@co.trumbull.oh.us)

## Website:

[www.tcchd.org](http://www.tcchd.org)

## Wellness Hub:

[www.livewelltrumbull.com](http://www.livewelltrumbull.com)

## Facebook:

[www.facebook.com/trumbullpublichealth](https://www.facebook.com/trumbullpublichealth)

## Twitter:

[https://twitter.com/trumbull\\_health](https://twitter.com/trumbull_health)

## Instagram:

<https://www.instagram.com/t.c.combinedhealthdistrict>

### TCCHD History

**1985** - TCCHD participates in the tornado clean up.

**1993** – TCHD awarded funding through the CDC for an Immunization Action Plan Grant to increase access to immunization services.

### TCCHD Industry News

#### *Keeping Trumbull County Safe and Healthy one step at a time!*

1. **The Environmental division for June and July of 2023:**
  - i. Performed **241** Food Service Operations Inspections,
  - ii. **170** Real Estate Evaluations,
  - iii. **479** Residential Sewage inspections,
  - iv. **115** Plumbing Inspections,
  - v. And **1091** O&M Samplings.
2. **The Nursing division for June of 2023:**
  - i. Held **1** children immunization clinics and saw **10** clients,
  - ii. Held **1** adult immunization clinic and saw **13** clients,
  - iii. Had **60** families enrolled in their home visiting program and provided **107** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla at **330-675-2489** for more details. For all of 2022, **654** were distributed, with **131** being mail order. Kits are also provided to our First Responders in the County as well. Stop Overdoses with Naloxone Because Every Life is Worth Saving. The Life You Save May be Someone You Love. Naloxone is a medication that can reverse an opioid overdose. Overdoses affect people from all walks of life. They could happen to your neighbors, your family or friends. That's why carrying naloxone could be the most important decision you make.

### Upcoming Events in Trumbull County

- **FearHaven Haunted Forest – 10/1/2023, 8 pm**, Fairhaven School at Kennedy Park, 420 Lincoln Way, Niles, OH., 44446.
- **The Original Haunted Hayride – 10/7/2023, 7:30 pm**, Storyland Christmas Tree Farm, 5148 State Rt. 7, Burghill, OH 44404.

### Quality Improvement QI Contender for July of 2023

Please join me in congratulating **Ericka Clark**, our Epidemiologist within the Nursing Division. **Ericka** has become the TCCHD's eighth QI contender and the winner for September/October of 2023. **Ericka** was chosen by ALL members of management for going above and beyond her typical work role for the extra work she performed while attending many calls and providing surveillance data to help with mitigation of the Pertussis outbreak. **Ericka** is now automatically eligible for the title of annual QI Champion which will be announced at the all-day staff training in November of 2023, where she has a chance to win a substantial grand prize as the QI Champion of 2023.

### TCCHD Shout Outs

We have two this month. First shout out to **Julie Callen** for her work on the Tobacco Grant while moving into the Environmental Division from the Nursing Division. She did this tobacco grant work while also training on an entirely new administrative role within her new division. Good Job Julie C. Second shout out goes to **Kris Kriebel, Tomi Liptak-Cardinale, Shannon Weilacher, and Ericka Clark** for attending the QI Lean Training in Portage County with the Mahoning County Health District and Portage County Health District. The training lasted 5 days and introduced many new components of quality improvement. All 4 participants received a plaque with a certificate of completion in the lean mastery training. Well done to those of you who attended.



**Public Health**  
Prevent. Promote. Protect.  
**Trumbull County**



### Live Well Trumbull Hub



### Customer Satisfaction Survey QR



**Public Health**  
Prevent. Promote. Protect.  
**Trumbull County**



### Food Safety Education Facts and Information

According to the Centers for Disease Control and Prevention (CDC), every year:

- one in six Americans get sick from foodborne illness
- 128,000 are hospitalized
- 3,000 people die

Unsafe food handling practices, poor personal hygiene and contaminated food preparation surfaces or equipment contribute to a large part of foodborne illnesses in the United States.

To minimize the risk of foodborne illness, everyone who works with food must:

- learn the different types of food contamination and understand the ways food can become contaminated
- know what potentially hazardous foods, also known as high-risk foods, are and how to handle them properly
- understand the biological causes foodborne illness such as bacteria, toxins and viruses
- follow the proper way to store, thaw, prepare, cook and serve food
- properly and regularly clean and sanitize surfaces, dishes, utensils and equipment
- always practice good personal hygiene

Source: <https://blog.userve.com/us/why-is-food-safety-training-important>

*“Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County” ....*

*Visit the Trumbull County Wellness Hub at:*

<https://livewelltrumbull.com/>

- ✚ *Create a Free account,*
- ✚ *Register for and take Challenges,*
- ✚ *Access our Calendar of Events,*
- ✚ *Hear from experts,*
- ✚ *Access great resources from a number of partners.*

*Don't Wait...Explore the site today!*

*Ever visited the Trumbull County Combined Health District?*

*Let us know how we did with our survey below!*

*Customer Satisfaction Survey:*

<https://www.surveymonkey.com/r/TKBSNMT>

*Would you like to see something else added to the newsletter?*

Let me know! Email me at  
[hebonack@co.trumbull.oh.us](mailto:hebonack@co.trumbull.oh.us)

## Know the Signs:

### Signs and Symptoms of Heat Exhaustion:

- ✓ High body temperature,
- ✓ High heart rate and low blood pressure,
- ✓ Dehydration and electrolyte loss,
- ✓ Extreme weakness,
- ✓ Trouble walking,
- ✓ Fainting, or light headedness,
- ✓ Abdominal cramps, nausea, vomiting, or diarrhea,

### Signs and Symptoms of Heat Stroke:

- ✓ High body temperature,
- ✓ Profuse sweating,
- ✓ Headache,
- ✓ Irrational behavior,
- ✓ Emotional instability,
- ✓ Altered consciousness,
- ✓ Coma, or seizure.

### Who is at risk:

Anyone, but those with the following are at a higher risk:

- ✓ High body mass index, or obesity,
- ✓ Old age,
- ✓ Poor physical health,
- ✓ Sleep deprived,

**Health conditions that predispose you to dehydration and malnutrition.**

#### Rabies Info. From the TCCHD

Beginning July 31, 2023, the US Dept. of Agriculture and Animal and Plant Health Inspection Service Wildlife Services, along with the Ohio Department of Health and several Ohio local health departments, will begin distributing an oral rabies vaccine (ORV) by ground and aircraft to immunize wild raccoons in Trumbull County. Contingent on good weather, the operation should be completed by August 25, 2023.

It is best to leave baits alone unless found in area where a child or pet might find it. Wear gloves or use paper towel if you pick up a bait. There is no exposure risk in handling an intact bait. It is recommended that you wash your hands and any exposed skin thoroughly with soap and water after handling any rabies vaccine bait. Ingesting the vaccine will not harm your pet; however, vomiting and diarrhea have occurred in dogs that have ingested multiple baits.

Any human or pet contact with the bait/vaccine, contact the Ohio Dept. of Health at 1-888-574-6656.

#### (Quality in Action)

At the TCCHD half day staff training on 6-30-2023, the TCCHD quarterly update occurred for all of our Quality Improvement Endeavors. The following were a few key points taken away from all the data sources:

- According to the Quality Improvement Quarterly Efficiency Survey (2nd Quarter 2023), nearly 80% of TCCHD staff Overall, are satisfied with the tools they currently have and use to perform their respective daily job duties. *\* This survey was revamped for the 3<sup>rd</sup> quarter however, and the results from such will differ in the next newsletter.*
- The TCCHD QI Calendar is still being discussed and initially formatted by the administrative core team and will be released relatively soon,
- For 2023, TCCHD staff reports (via QI maturity survey) an aggregate 36% increase in understanding of all things QI being done in the TCCHD when compared to the same survey from 2022,
- The administrative core team is slated to discuss some possible candidates for upcoming quality improvement projects. The following are some potential topics that have been submitted over the past 24 months:
  - Website A-Z Directory,
  - QI Monthly Contender and Champion,
  - Successorship/Mentorship participation, *(no one has participated yet).*
  - Website select a language feature,
  - And Phone Tree Revamp.



**Public Health**  
Prevent. Promote. Protect.  
**Trumbull County**



## Contact Us

### Address:

176 Chestnut Ave. NE  
Warren, OH. 44483

### Phone:

330-675-2489

### Fax:

330-675-2494

### Email:

[health@co.trumbull.oh.us](mailto:health@co.trumbull.oh.us)

### Website:

[www.tcchd.org](http://www.tcchd.org)

### Wellness Hub:

[www.livewelltrumbull.com](http://www.livewelltrumbull.com)

### Facebook:

[www.facebook.com/trumbullpublichealth](https://www.facebook.com/trumbullpublichealth)

### Twitter:

[https://twitter.com/trumbull\\_health](https://twitter.com/trumbull_health)

### Instagram:

<https://www.instagram.com/t.c.combinedhealthdistrict>

## *More Great News for the TCCHD and the Homeless Youth within Trumbull County*

The TCCHD in collaboration with the Greater Warren-Youngstown Urban League's (GWYUL) Christy House Emergency Shelter (CHES) has been awarded a Youth Homelessness grant to prevent and end youth homelessness in Trumbull County. The aim of this grant and its subsequent work is to help roughly 50 youths who are experiencing homelessness in Trumbull County annually. This help will include, transitional housing, rapid re-housing, and emergency shelter. In addition to this great news, the grant also aligns with our community health assessment priority of addressing barriers around access to care, and the Community Health Improvement Plan objective of increasing access to care. If you have any questions regarding this grant, please don't hesitate to reach out to our grants coordinator Jenna Amerine.

## *Quality Improvement within the TCCHD*

Recently, the TCCHD held its half-day training event at the health district. Many new components of our Quality Improvement (QI) Plan for 2023 were unveiled including the addition of the newsletter QI segment. Please remember to read the newsletter and watch for this segment on a quarterly basis. This segment will include committee and sub-committee decisions on the many aspects of the TCCHD including its culture of quality moving forward, and this newsletter segment will be the reporting mechanism for such...so stay tuned!



**Public Health**  
Prevent. Promote. Protect.

**Trumbull County**



**PHAB**

Advancing  
public health's  
performance

